

ASK A PROFESSIONAL EVENT

The Ask a Professional Event offers families direct access to experts in mental health, substance use, and wellness, creating an approachable, judgment-free space for asking questions. It's designed to make professional guidance accessible to the entire community.

Personalized Advice:

Experts provide tailored information to address specific family concerns.

Inclusive Environment:

Encourages open discussions, breaking down stigma and making professional help feel accessible.

In-Person & Online Accessibility:

Events are offered in various formats to reach as many families as possible.

Benefits to Schools

- **Enhances Family Engagement:** Encourages parents and students to participate actively in learning about wellness.
- **Supports Community Wellness:** Provides insights that empower families to make informed decisions, fostering a healthy school community.
- **Fosters Preventive Culture:** Builds awareness and educates on prevention, reducing the need for intervention later on.

